

SUBSTANCE ABUSE AND ADDICTION RESOURCES

Indiana, Kentucky and Ohio

QUESTIONS TO ASK A TREATMENT PROGRAM

- What is the admission criteria?
- What's the average length of stay?
- Is there a waiting period before getting help?
- Are any "best practice" models used?
- Is the program accredited?
- Does the program use a multidisciplinary approach (psychiatry, psychology, nurses, counselors, case managers)?
- What are the staff credentials?
- Is the program voluntary or court ordered? If both, are clients in the same program or separate?
- What are the drug testing policies? What type of test is used? Is it included in the program cost or separate?
- Are co-occurring programs – mental health and addictions – treated?
- Are medications to treat addiction recognized as an important component of the overall treatment?
- What are the expectations for family involvement?
- Are employment or housing assistance services available?
- How does a 12-step or peer recovery program fit into the treatment's philosophy?
- What constitutes treatment noncompliance that would result in being discharged?
- What type of continuing care is offered after treatment is completed?
- What does it cost?
- Is an upfront payment required?
- Do you take insurance?
- Is there a sliding fee or other payment options?

FREE LIAISONS

Pathways Youth Shelter and Family Services, Madison

Contact: Sue Fisher, 812-273-1917, Ext. 224

Website: <http://pathwaysmadison.org/>

The home-based casework service, which serves Ripley County, will navigate with a family how to find substance abuse treatment and help understand costs. Pathways has four roles: delinquency prevention, community education, information and referral and advocacy.

Children's Bureau, Indianapolis

Contact: John Bennett, 317-375-5220 or Carl Scheib, Connersville, 866-431-4439

Website: <http://www.childrensbureau.org>

Franklin County residents can get free advice on where to turn for help.

INDIANA

1. RESIDENTIAL TREATMENT - Indiana

Bloomington Meadows, Bloomington

Contact: Brian Wolfe, 812-961-2457

Website: <http://www.bloomingtonmeadows.com/>

Community Hospital North, Indianapolis

Telephone: 800-662-3445 or 317-621-5700

Website: <http://www.ecommunity.com/behavioralcare/>

The Behavioral Health Pavilion, a full-service, 122-bed inpatient behavioral health hospital, is located on the Community Hospital North campus. Crisis services are available 24 hours a day, seven days a week for immediate evaluations in person. Individual, group and relationship therapy is available for addictions and chemical dependency with special programs tailored for the specific needs of adolescents. Inpatient detoxification, psychiatric evaluations, medication management, intensive outpatient treatment.

Fairbanks Addiction Treatment Center, Indianapolis

Telephone: 800-225-4673 or 317-849-8222

Website: <http://www.fairbanksd.org/adolescent-programs>

Fairbanks offers detox, rehab and outpatient alcohol and drug addiction programs for both adults and adolescents. Financial assistance is provided for individuals needing care, but who are unable to afford treatment services. Individuals who qualify for financial assistance will receive a reduction in charges. The percentage of the reduction is determined by the patient's income and family size in relationship to the most recently published federal poverty guidelines.

Franciscan St. Francis Behavioral Health, Beech Grove, Indianapolis, and Mooresville

Telephone: 317-783-8383; Crisis Hotlines: 800-509-5111 or 317-782-6495

Website: <http://www.stfranchishospitals.org/DesktopDefault.aspx?tabid=52#chemical>

Adolescent and Adult detox center.

IU Health Methodist Hospital, Indianapolis, Behavioral Care Center

Telephone: 800-248-1199 or 317-962-2000

Website: <http://iuhealth.org/methodist/behavioral-health/children-adolescents/>

Separate chemical dependency programs for adolescents and adults are offered. Treatment options include inpatient detoxification, outpatient detoxification, intensive outpatient treatment and aftercare. A physician, addictionologist, consulting

psychiatrist, nurses and master's level addiction therapists make up the multidisciplinary treatment team. In a very structured group therapy program, patients learn about their addictive disease and are introduced to 12-step recovery programs. Group therapy addresses denial and personal recovery issues, helping patients develop insight and situational skills. Day and evening programs are available.

A new and innovative adolescent intensive outpatient program is designed for adolescents who are caught in the cycle of chemical dependency. The program addresses the needs of adolescents and their parents, helping the family recover from chemical dependency. Family involvement is encouraged throughout treatment. In group sessions, family members address problems and conflicts resulting from their loved one's addictions.

New Vision Medical Stabilization Service, Dearborn County Hospital, Lawrenceburg

Telephone: 812-532-2646 or 800-939-2273

Website: <http://www.dch.org/newvision/newvision.asp>

For 18+. New Vision is medical detox only with typical length of stay 3-5 days. Admission depends solely on bed availability. After detox, an inpatient program, followed by an outpatient program are recommended.

Payment types accepted: Self-pay (\$3,200, which is half the charge to insurance companies; insurance; Medicare; Medicaid. CASA funds may be available to assist self-pay clients.

St. John's Anderson Center (affiliated with St. Vincent's Hospital), Anderson

Telephone: 765-646-8444 or 800-435-9143

Website: <http://www.stvincent.org/Saint-Johns/Medical-Services/Mental-Health.aspx>

Adolescents and adults. Acute problems seen immediately or, if client not close to Anderson, referred to nearest emergency facility. In-house detox is determined on a case-by-case basis; for opiates it is rarely deemed life threatening. Both acute inpatient and outpatient services are offered. The residential program for adolescents can run several months long if needed. In cases of dual diagnoses, detox for adolescents can be done in-house.

Payment types accepted: Insurance, Medicare, Medicaid, self-pay (no sliding scale).

St. Vincent's Stress Center, Indianapolis

Telephone: 317-338-4800, Crisis Hotline: 800-872-2210

Website: <http://www.stvincent.org/St-Vincent-Indianapolis/Medical-Services/Mental-Health/Programs.aspx>

Teens and adults. Typical lengths: 4-5 days. Detox for adults, but not adolescents. Detox is not for opiate addicts.

Payment types accepted: Insurance; Medicare; Medicaid (inpatient only); self-pay (no sliding scale).

Tara Treatment Center, Franklin

Contact: Jessica Daugherty, 812-526-2611 or 800-397-9978

Website: <http://www.taracenter.com/>

Third Phase, Noblesville

Telephone: 317-773-5100

Website: <http://thirdphase.org/>

Yearlong residential treatment program for women 18+. Participants pay for their treatment by working at the facility. No outside employment is permitted during the first year. After completing the initial year, clients have transitional housing available for up to six months. Outside employment is permitted then.

Valle Vista Health, Greenwood

Telephone: 800-447-1348

<http://www.vallevistahospital.com/programs/chemical-dependency.shtml>

Valle Vista Health System offers a full continuum of specialized services for youth, adults and seniors. Levels of care include inpatient, residential, partial hospitalization and intensive outpatient programs. Progressive professionals in the fields of psychiatry, medicine, nursing, social services, education and activity therapy provide our comprehensive services.

Does not accept Medicaid 22-64.

Whitewater Valley Care Pavilion, Connersville

Telephone: 765-827-7890

Website: <http://www.fayetteregional.org/content.asp?PageIndex=62>

The pavilion is devoted to comprehensive behavioral health services for youth and their families. Multiple levels of care include acute crisis stabilization, long-term residential treatment and outpatient treatment services. Free consultations are available 24/7.

2. HALFWAY HOUSES - Indiana

Hope House, Fort Wayne

Telephone: 260-424-2471

Website: <http://www.hopehouseinc.us>

Must be female and 18+. Residents are expected to secure employment within a reasonable amount of time after their arrival. Staff guidance is provided on a daily basis until employment is found. Assistance with job searching, creating a resume, applying for jobs, and interviewing skills is available. All residents must work first-shift jobs,

leaving evening hours open for mandatory meetings. Residents may not work anywhere where alcohol is served. No exceptions are made. There is a \$25 admission fee and \$10 per month for telephone and usage costs. Hope House does not charge rent until a woman is employed, at which point she pays 30 percent of her gross income. If she has to pay child support or certain other fees, those are deducted from her gross income before rent is calculated. The minimum length of stay is four months and the maximum is two years.

Hope House Addiction Recovery Center, Richmond

Telephone: 765-935-3000

Website: <http://www.waynet.org/nonprofit/hopehouse.htm>

For homeless men 18+. Enhanced 12-step program with required attendance at AA/NA meetings, increased access to services from health care to employment through case management approaches. Length of stay is 4-7 months. Cost is \$50 a week. The program accepts persons without insurance.

Hope House, Scottsburg

Telephone: 812-752-9975

For women 18+. 90 days minimum, \$60 weekly for a month, then \$85 weekly, expected to work. The house usually has room for newcomers to recovery.

La Verna Lodge, Indianapolis

Telephone: 317-867-4330 or 877-867-4330

Website: <http://www.lavernalodge.com/>

For Men 18+. 30, 60 and 90-day programs.

Pathway to Recovery, Indianapolis

Telephone: 317-926-8557

Website: <http://www.pathwaytorecovery.org/>

For homeless adults at least 18 dually diagnosed with substance abuse and mental illness. Typical length of stay is 4-6 months. Cost is based on income. The average rent at Pathway-I, including meals, is \$400. Waiting list time varies.

Seeds of Hope, Indianapolis

Telephone: 317-244-0203

Website: <http://www.seedsofhopeindy.org>

For women only. Seeds of Hope is one of a few such organizations in the State of Indiana that focuses specifically on aiding women through the difficult transition from substance abuse to independent, healthy living.

Townes House, Scottsburg

Telephone: 812-752-2399

For Men 18+. \$60 weekly rent.

3. OUTPATIENT SERVICES - Indiana

Community Mental Health Center, Lawrenceburg

Telephone: 812-537-1302; 24-hour therapist, Toll-free 877-849-1248, or 812- 537-1302

Website: <http://cmhcinc.org/Home.aspx>

CMHC's philosophy is substance use issues must be addressed in an individualized manner with assessment to determine the possible presence of mental health issues. Services are primarily offered in outpatient offices, but can be integrated into any of its other programs. Master's level therapists, independently licensed therapists, psychologists, and psychiatrists provide services. Other offices are located in Batesville, Osgood, St. Leon, Brookville, Rising Sun and Vevay. Payment: Most major insurances are accepted and the noninsured and Medicaid patients are eligible.

Additional Resource Guides:

Indiana Heroin Addiction Treatment Centers, 877-822-7504 for complete listing

Website: <http://www.thegooddrugsguide.com/>

Hazelden

Website: <http://www.hazelden.org/>

Based in Minnesota, about 10 well-regarded treatment centers across USA, inpatient and outpatient

4. COUNSELING - Indiana

Association of Personal and Family Counselors, Greensburg, 812-222-0455

Centerstone, Greensburg, 812-663-7057

Columbus Behavioral Healthcare, Batesville, 812-933-9932 or 800-562-5213

Horizon Health, Batesville, 800-685-3200

Hillenbrand Inc. employee assistance program

J. Claire Sherman, Ph.D., Batesville, 812-934-4326

LifeWorks Counseling, Batesville, 812-933-1820

Psychiatric Associates, Columbus, 800-754-7032

KENTUCKY

1. RESIDENTIAL TREATMENT - Kentucky

The Healing Place, Louisville
Telephone: 502-585-4848 or 502-568-6680
Website: <http://www.thehealingplace.org/>

St. Elizabeth Healthcare, Falmouth
Telephone: 859-572-3500
Website: <http://www.stelizabeth.com/behavioralhealth/default.aspx>

Detox center for 18+. Typical length is 7 days. Waiting list varies.
Payment types accepted: insurance, self-pay (\$3,000 for 7 days), Medicare, but not Medicaid.

Ten Broeck Hospital Substance Abuse Services, Louisville
Telephone: 502-426-6380; Hotline: 800-866-8876
Website: www.alltreatment.com/ky/louisville/ten-broeck-hospital

For 13+. Typical lengths: detox 3-7 days, outpatient usually 1-1.5 months. Waiting list varies. Payment types accepted: Insurance, Medicare, Medicaid (children only), state insurance, military insurance and self-pay (no sliding scale).

2. OUTPATIENT SERVICES- Kentucky

NorthKey Community Care, Covington, Ky.
Telephone: 859-331-3292
Website: <http://www.northkey.org/live/index.asp>

Intensive outpatient programs for adolescents and chemically dependent women. Many services receive support through local, state and federal grants. Medicaid and Medicare are also potential payer sources for some services. Our financial office will assist each individual and family to understand the payment mechanism prior to service delivery and program enrollment.

St. Elizabeth Outpatient Chemical Dependency Programs, Florence, Ky.
Telephone: 859-212-5384
<http://www.stelizabeth.com/chemicaldependency/>

Adult, dual diagnosis and adolescent outpatient treatment programs.
Service for persons 14+.

OHIO

1. RESIDENTIAL TREATMENT - Ohio

Cambridge Behavioral Hospital, Cambridge
Telephone: 740-432-4906
<http://www.cbhohio.com/>

Detox for patients 18+ is done as part of inpatient treatment if needed. Typical lengths: detox, up to 14 days; 28-day residential treatment program available; followed up with a variety of outpatient services. Payment types accepted: self-pay (no sliding scale), insurance, Medicare.

Center for Chemical Addiction Treatment, Cincinnati
Telephone: 513-381-6672
Website: <http://www.ccatsober.org/>

For 18+. Typical lengths: detox, 3-5 days; 28-day residential program; outpatient program 6 months, 9 a.m.-3 p.m. daily. Waiting list varies. Payment types accepted: self-pay (no sliding scale), insurance.

Chaney Allen Women's Residential, Cincinnati
Telephone: 513-475-5357
Website: <http://www.thecrossroadscenter.com/>

Residential short- and long-term substance abuse treatment for adolescents, women with co-occurring mental and substance abuse disorders and pregnant/postpartum women with residential beds for clients' children.

Cincinnati Veterans Affairs Medical Center/Substance Dependency Program, Cincinnati
Telephone: 877-822-7504
http://www.cincinnati.va.gov/services/Sudep_Mental_Health.asp

Short-term residential treatment and outpatient treatment. Services provided include substance abuse treatment, detoxification treatment, methadone maintenance, buprenorphine services and methadone detoxification. Payments accepted: private insurance, self-payment and military insurance. No payment assistance.

Salvation Army Adult Rehabilitation Centers, Ohio
Telephone: 800-728-7825
Search for locations: <http://satruck.org/search>

Cincinnati website: <http://cincinnati.satruck.org/rehabilitation-program>
Columbus website: <http://columbus.satruck.org/rehabilitation-program>

The centers provide spiritual, social and emotional assistance for men and women who have lost the ability to cope with their problems and provide for themselves. Each

center offers residential housing, work, and group and individual therapy, all in a clean, wholesome environment. A long-term commitment of at least six months is required so patterns of poor decision-making can be broken and replaced with positive life choices – changes that will help them become productive citizens of their community.

Stepping Stone, Portsmouth, Ohio

Telephone: 740-354-6550

Website: http://www.thecounselingcenter.org/The_Counseling_Center/Programs.html

Residential long-term treatment for adolescents, pregnant/postpartum women and women. Residential beds for clients' children. Payments accepted: self-payment, Medicaid, health insurance, military insurance. A sliding fee scale is based on income and other factors.

The Ridge, Batavia, Ohio

Telephone: 513-732-1324 or 866-902-9846

Website: <http://www.addictiontreatmentrehabcenterohio.com/>

The Ridge offers a comfortable, serene, and private setting for residential addiction treatment focused on helping patients overcome drug and alcohol addiction. The 28-day substance abuse program is centered on a structured schedule that is facilitated by licensed and highly experienced medical staff and counselors. The Ridge also offers in-home intervention assistance as a service to help families get patients to accept treatment. Detoxification services when necessary. we provide initial as part of the substance abuse program, which are supervised by physicians and nurses. Personalized clinical care could include meditation groups. reading and writing assignments, individual counseling, treatment team meetings, recreational activities and Narcotics Anonymous 12-step meetings.

2. HALFWAY HOUSES - Ohio

Good Samaritan's Inn, Hamilton, Ohio

Telephone: 513-896-5354

<http://www.christian-drug-alcohol-treatment-center.org/>

Six-month faith-based program for men 18+.

3. OUTPATIENT SERVICES - Ohio

Bethesda Drug and Alcohol Treatment Program, Bethesda

Telephone: Oak: 513-569-6116; Blue Ash: 513-489-6011

http://www.trihealth.com/ser/adr/adr_index.aspx

The program best serves individuals who can benefit from receiving treatment in either a day or evening intensive outpatient program while carrying on regular activities. It can follow any detoxification program. Payment: most health insurance plans, financial assistance, payment plans

Cincinnati Children's Hospital Medical Center Teen Health Center, Cincinnati

Contact: Cindy Samuel, R.N., 513-636-2825

Website: <http://www.cincinnatichildrens.org/svc/alpha/t/teen-health/default.htm>

After a teenager is seen for consultation, he or she returns to the primary care provider for routine health care. The Teen Health Center staff then collaborates with the physician until the consultative issue is resolved. Financial assistance may be available.

Gateways, Cincinnati

Telephone: 513-861-0035

Website: <http://www.gatewaysrecovery.com/>

Experienced, licensed professional staff with low therapist-to-patient ratio; comprehensive chemical dependency assessment; psychiatric evaluation and assistance with follow-up referrals for teens; education testing and consulting for adolescents; coordination of care with schools, outside professionals and community resources; accredited by CARF, ODADAS and State Medical Board of Ohio.

Greater Cincinnati Behavioral Health Services, Cincinnati

Telephone: 513-354-7000

Website: <http://www.gcbhs.com/>

Substance abuse is a challenge for approximately half of individuals with severe mental illness. The Integrated Dual Disorder Treatment Team uses an evidence-based practice to treat individuals who are homeless and diagnosed with both mental illness and substance abuse disorders.

DRUG AND ALCOHOL SUPPORT GROUPS

ADDICTIONS

Batesville Vineyard Community Church, 12-step program, 812-932-4438
Friday, 7-9:30 p.m., Reformers Unanimous, a faith-based addiction program, Hope Baptist Church, 15593 U.S. 50, Dillsboro, 812-655-2300 or 812-432-3889

ALCOHOLICS ANONYMOUS

HOTLINE, 812-537-6499

Monday, 8 p.m., Greensburg Presbyterian Church, 2020 N. Franklin St. (enter Washington Ave. side door), 812-663-2197

Monday, St. Maurice Catholic School basement, call for directions, 812-663-6495

Wednesday, 9:30 a.m., Greensburg Presbyterian Church (see Monday above)

Thursday, 7:30 p.m., Margaret Mary Community Hospital auditorium, 321 Mitchell Ave., Batesville, 932-2400

Friday, 8 p.m., beginners group, Greensburg Presbyterian Church (see Monday above)

Saturday, 10 a.m., Milan United Methodist Church basement (rear entrance), 306 S. Main St.

Saturday, 7:30 p.m., New Testament Church, state roads 46 and 101 intersection

Saturday, 8 p.m., St. John Lutheran Church, Hubbles Corner (Sunman), 812-623-2777

Saturday, 7:30 p.m., Easy Does It Center, 151 E. Fourth St., Brookville

Sunday, 8 a.m., Sunday Morning Group, 302 E. McKee St., Greensburg

NARCOTICS ANONYMOUS

Indiana, 866-675-4912; Ohio, 513-947-3700

Tuesday, 7 p.m., 304 Third St., Aurora

Narconon Arrowhead, 800-468-6933 or www.stopaddiction.com

SUPPORT FOR FAMILY AND FRIENDS

These can be a moving target sometimes as they may come and go with attendance and consistency.

AL-ANON, 513-347-3700

Some Al-Anon meetings we are aware of:

Sunday, 8 p.m., Adult Center, 311 W. Tate St., Lawrenceburg

Monday, noon, Cabin 819, Nowlin Ave., Greendale

Monday, 7:30 p.m., St. John's Catholic Church, 331 S. Buckeye St., Osgood, 812-689-6758

Wednesday, 9:30 a.m., Greensburg Presbyterian Church, 2020 N. Franklin St. (enter Washington Ave. side door), Don, 812-663-8220

Thursday, 7:30 p.m., Margaret Mary Community Hospital second floor conference room in old building facing 321 Mitchell Ave., Batesville, Vivian, 812-934-2511

Friday, 8 p.m., Greensburg Presbyterian Church (see Wednesday above)